

Course Number and Name	SUPE 006 Buddhist Counseling Psychology
Intended Learning Outcomes	At the end of the course the students will be able to explain Buddhist Counseling Psychology and practice counseling, and discuss Environment and Buddhist attitude on the Environment.
Course Contents	Buddhist Counseling Psychology: Introduction to Buddhist Counseling Psychology, its basic background, main concepts of the Buddhist Counseling; definitions and related area; basic background of Western counseling; different kinds of counseling and Buddhist attitude; main areas of the Buddhist Counseling Psychology; qualities of the Counselor in Buddhist Perspective; individual, Family, Group, Pre-marriage, counseling with Buddhist attitude; Buddhist Environmental Psychology: What is environment? What is environmental psychology and Buddhist perspective on the issue; Environmental problems and Buddhist solutions; Main areas of western environmental psychology; Buddhist environmental psychology and practical aspects of it.
Assessment Strategy	<ul style="list-style-type: none"> i. Time of Assessment - End of the Year ii. Assessment Method - Written examination Assigned Percentage for each Component - 100%
Recommended References	