

Course Number and Name	SUPE 007 Buddhist Psychology
Intended Learning Outcomes	At the end of the course students will be able to explain Buddhist Psychology with special reference to the Sutras and Jataka stories, and to describe society and family as well as the Buddhist attitude to the society and its basic components.
Course Contents	Buddhist Psychology: introduction to Buddhist Psychology, its basic background, main concepts of the Buddhist Psychology; basic knowledge of the western psychology and its different schools; Abhidhamma and related matters with psychology; main areas of the Buddhist Psychology; mind and it's important to the psychology; meditation as psychotherapy; Buddhist Social Psychology: what is society? Social psychology and Buddhist Social Psychology; Sutras related to the Society; Family life, Marriage life and other social groups; Main areas of western sociology; Buddhist attitude on Society and its main concepts.
Assessment Strategy	<ul style="list-style-type: none"> i. Time of Assessment - End of the Year ii. Assessment Method - Written examination Assigned Percentage for each Component - 100%
Recommended References	<p>Abbott, P.L. 2006: <i>Natural Disasters</i>, 4th Edition, McGraw-Hill, New York.</p> <p>Barrow, C.J. 2005: <i>Environmental Management & Development</i>, Routledge, Publication, New York.</p> <p>Central Environmental Authority. 2002: <i>Man and Environment an introduction to environmental studies</i>, Central Environmental Authority in collaboration with University Grant Commission, Sri Lanka.</p> <p>Chapin III. et al. 2002: <i>Principles of Terrestrial Ecosystem Ecology</i>, Springer – Verlag, New York.</p> <p>Jones, J. & Hollier. G.1997: <i>Resources, Society and Environmental Management</i>, Paul Chapman Pub. Ltd., London.</p>