

<b>A</b>	<b>Justification for introducing / Replacing the course</b>	: Expansion of the course
<b>B</b>	<b>Course Title</b>	: Buddhist Psychology
<b>C</b>	<b>Course Code</b>	: SUPE 205
<b>D</b>	<b>Number of Credits</b>	: 03
<b>E</b>	<b>Degree Programme</b>	: Bachelor of Arts General (External) Degree
<b>F</b>	<b>Core/Supplementary Course</b>	: Supplementary
<b>G</b>	<b>Prerequisites</b>	: None
<b>H</b>	<b>Aim of the Course</b>	: The aim of this course is to introduce Buddhist Psychology and Buddhist Social Psychology.
<b>I</b>	<b>Intended Learning Outcomes</b>	: At the end of the course students will be able to explain Buddhist Psychology with special reference to the Sutras and Jataka stories, and to describe society and family as well as the Buddhist attitude to the society and its basic components.
<b>J</b>	<b>Number of Hours</b>	: 45
<b>K</b>	<b>Course content</b>	: Buddhist Psychology: introduction to Buddhist Psychology, its basic background, main concepts of the Buddhist Psychology; basic knowledge of the western psychology and its different schools; Abhidhamma and related matters with psychology; main areas of the Buddhist Psychology; mind and it's important to the psychology; meditation as psychotherapy; Buddhist Social Psychology: what is society? Social psychology and Buddhist Social Psychology; Sutras related to the Society; Family life, Marriage life and other social groups; Main areas of western sociology; Buddhist attitude on Society and its main concepts.
<b>L</b>	<b>Assessment Scheme</b>	<ul style="list-style-type: none"> <li>i. Time of Assessment - End of the Year</li> <li>ii. Assessment Methods - Written examination</li> <li>iii. Assigned Percentage for each Component - 100%</li> </ul>