

A	Justification for introducing / Replacing the course	: Expansion of the course
B	Course Title	: Buddhist Counseling Psychology
C	Course Code	: SUPE304
D	Number of Credits	: 03
E	Degree Programme	: Bachelor of Arts General (External) Degree
F	Core/Supplementary Course	: Core
G	Prerequisites	: None
H	Aim of the Course	: The aim of this course is to introduce Buddhist Counseling Psychology and Buddhist Environmental Psychology.
I	Intended Learning Outcomes	: At the end of the course the students will be able to explain Buddhist Counseling Psychology and practice counseling, and discuss Environment and Buddhist attitude on the Environment.
J	Number of Hours	: 45
K	Course Content	: Buddhist Counseling Psychology: Introduction to Buddhist Counseling Psychology, its basic background, main concepts of the Buddhist Counseling; definitions and related area; basic background of Western counseling; different kinds of counseling and Buddhist attitude; main areas of the Buddhist Counseling Psychology; qualities of the Counselor in Buddhist Perspective; individual, Family, Group, Pre-marriage, counseling with Buddhist attitude; Buddhist Environmental Psychology: What is environment? What is environmental psychology and Buddhist perspective on the issue; Environmental problems and Buddhist solutions; Main areas of western environmental psychology; Buddhist environmental psychology and practical aspects of it.
L	Assessment Scheme	<ul style="list-style-type: none"> i. Time of Assessment - End of the Year ii. Assessment Methods - Written examination iii. Assigned Percentage for each Component - 100%